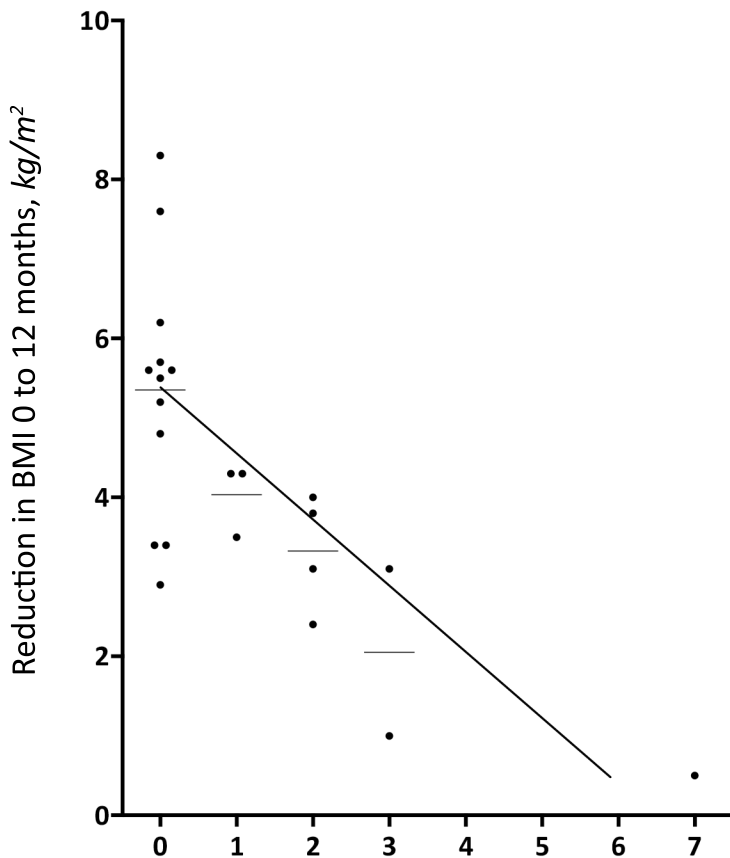


Intervention BMI changes vs. adherence



Dietary adherence at 3 months, *n. of indiscretions over 3-days*